

## Franklin High School Cheer Tryout Packet

2025–2026 Season

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Welcome to the 2025–2026 Franklin High Cheer Tryouts

Dear Athlete,

Welcome to Franklin High School Cheerleading! We are so excited that you are interested in joining our program. Cheerleading at Franklin is about more than just performing at games—it's about school spirit, leadership, hard work, and being a positive role model on and off the field.

Our cheer program exists to uplift our school, energize the crowd, and proudly represent Franklin at rallies, sporting events, community functions, and more. As a team member, you must demonstrate strong character, teamwork, and a commitment to personal and athletic growth.

Over this week, we will be evaluating not only your skills but also your attitude, your willingness to work hard, and your potential to grow within the program. You'll learn a series of cheers, a short dance routine, and required jumps — and you'll be asked to perform these during your formal tryout. Incoming first-year students will also complete a short interview to help us get to know you better. *Please note that this is a closed tryout — no spectators will be allowed during the clinic or evaluations.*

Please remember: we are not looking for perfection. We are looking for athletes who are coachable, positive, respectful, and ready to learn. We value hard work, spirit, consistency, and

character just as much as tumbling or flexibility. Whether this is your first time trying out or your fourth, give your full effort each day — be kind, focused, and proud of yourself.

We are offering placements on both Varsity and Junior Varsity squads. Final decisions are based on skill level, potential, and team dynamics.. JV is open to athletes in grades 9–11. Varsity is reserved for grades 10-12 who demonstrate advanced skills, leadership, and readiness for the elevated expectations of the varsity level. Placement is not guaranteed based on previous experience.

Thank you again for being here. We are looking forward to a great tryout week and can't wait to see what you bring to the mat.

Let's go, Yellow Jackets!

Sincerely,

Coach Ryann

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## Teacher Evaluations (Required)

All students trying out for the 2025–2026 Franklin High Cheer Team must request four teacher evaluations to be completed by Tuesday, May 27. These evaluations help us understand your classroom behavior, attitude, and leadership skills.

<https://forms.gle/nDL7PwHJdNhZKPSaA>

You must submit:

- Three evaluations from core academic teachers (English, Math, Science, P.E, or History)
- One evaluation from an elective teacher (Art, Music, Language, etc.)

You must send the Teacher Evaluation Google Form to your selected teachers and respectfully request that they complete it by 5/27.

All evaluations are confidential and submitted directly to the coaching staff. You will not be able to view your teacher's responses.

Failure to complete this requirement may affect your eligibility for team placement.

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## Registration & Physical Requirement – MANDATORY

All athletes must be registered on Arbiter Sports and have a current physical on file in order to try out.

No registration + no physical = no tryout.

No exceptions.

Register here:

<https://students.arbitersports.com/programs/2025-2026-franklin-athletics-registration>

Make sure your physical is uploaded or turned in before the first day of tryouts. Athletes who are not fully cleared in Arbiter Sports will not be allowed to participate in any part of the clinic or tryout process.

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## Tryout Week Schedule

### Mandatory Clinic Days @ Large Weight Room

Dates: Tuesday, May 27 – Wednesday, May 28 (Closed tryouts – no spectators)

Time: 4:00 PM – 6:30 PM (doors open at 3:50 PM)

- Day 1 – Learn all the material: cheers, jumps, dance
- Day 2 – Practice with corrections, game-day scenarios, and freshman interviews begins.
- Day 3 – Mock tryout, polish routines, final prep, interviews continue

### Tryout Day @ Large Weight Room

Date: Thursday, May 29 (Closed tryouts – no spectators)

### Juniors and Seniors

- Arrival: 3:45 PM
- Tryout begins: 4:00 PM

### Sophomores and Freshmen

- Arrival: 4:45 PM
- Tryout begins: 5:00 PM

Tryouts will be done in groups of 3–4.

Athletes will be evaluated on:

- Cheers (offense, defense, spirit)
- Dance (memory, timing, sharpness)
- Jumps (toe touch, hurdler, pike)
- Confidence, energy, and coachability

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## Evaluation Criteria

- Cheer Technique – motions, arm levels, projection
- Dance – memory, rhythm, sharpness, transitions
- Jumps – form, timing, pointed toes, energy

- Coachability – how well you take feedback
- Attitude & Presence – positivity, focus, spirit

Tryout scores are confidential and will not be released.

Final team placements are at the coaching staff's discretion and are non-negotiable.

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## Dress Code & Daily Expectations

Each Day Wear:

- Black athletic shorts
- Black t-shirt
- Sports bra
- Cheer shoes or clean athletic shoes
- Hair slicked back (no bows, clips, or flyaways)
- Short, clean nails (no acrylics or polish)
- No jewelry at any time

Bring:

- Water bottle
- Completed try out packet
- Positive attitude and respect for others

Tryout Day:

- Be early, warmed up, and ready
  - No phones during tryouts
  - No talking while others are performing
  - Give your best — we're watching effort, not just talent
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## Team Expectations (If Selected)

By accepting a spot on the team, you agree to:

- Participate fully during both football and basketball seasons
- Attend all practices, games, rallies, events, and competitions
- Maintain school-appropriate behavior on and off campus
- Show up prepared, on time, and ready to work

- Represent Franklin with pride, positivity, and leadership
- Understand that cheerleading is also a financial commitment — while we work to keep costs manageable, families should expect expenses related to uniforms, practice wear, camp, and other team needs. Fundraising opportunities will be provided, and a full cost breakdown will be shared at the contract signing.

This is a year-long commitment. Quitting mid-season may affect eligibility for future years.

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#### Attendance Policy

- All practices and events are mandatory unless pre-approved
  - Excessive absences (excused or unexcused) may impact your role
  - You are responsible for communicating absences in advance
  - Vacations during the season must be approved ahead of time
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#### Academic Standards

- All athletes must maintain a minimum 2.0 GPA
  - Grade checks will be conducted regularly
  - Failing grades, truancy, or behavior issues may result in probation or removal.
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#### Behavior & Conduct

- Drama, bullying, and disrespect will not be tolerated
  - You are expected to support your teammates and lead by example
  - Inappropriate behavior in class, at games, or in public can result in dismissal
  - You are a student first, an athlete second — represent this team with class
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#### Summer Commitments

If selected, you are expected to participate in:

- Summer practices begin in early June
- Team bonding activities

- Game day prep before the school year begins

Time off for family vacations must be requested in writing and approved in advance. No time off will be granted within 2 weeks of the first game.

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#### Communication Policy

- All team updates will be communicated through FamilyID
  - Athletes must check messages and relay information to parents
  - Parents may contact Coach Ryann with concerns after 24 hours, but all athlete-related issues must first be addressed respectfully through the athlete
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#### What Happens After Tryouts

- Team placements will be posted within 4 hours of the last tryout group
- Selected athletes must attend a mandatory team meeting and contract signing the following week
- The whole season calendar and expectations will be distributed at that time
- If you are not placed this year, we encourage you to stay involved and try again

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## Athlete Information Form

(Please bring this page and all following pages back on the first day of tryouts – Tuesday, May 27)

Full Name: \_\_\_\_\_

Grade (Fall 2025): \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Student Email: \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_

Parent Email(s): \_\_\_\_\_

Emergency Contact Name & Phone: \_\_\_\_\_

T-Shirt Size: \_\_\_\_\_

Preferred Team (Grades 10–11 Only):

☐ Varsity

☐ Junior Varsity

☐ No preference – place me where I fit best

Are you willing to accept not being placed if you do not make your preferred team?

☐ Yes

☐ No

Do you have any schedule conflicts (vacations, sports, etc.) this season?

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Experience & Tumbling Summary:

Please be honest. Any skill marked at or above a standing back handspring must be performed unspotted at tryouts.

Prior Experience (Check all that apply):

☐ School Cheer (school & years): \_\_\_\_\_

☐ All-Star Cheer (gym, level, & years): \_\_\_\_\_

☐ Dance (style, studio/team, & years): \_\_\_\_\_



☐ Gymnastics or Tumbling, & years: \_\_\_\_\_  
☐ Other (martial arts, theater, etc., & years): \_\_\_\_\_

Describe Your Experience:

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### Tumbling Skills – Check All That Apply

Standing Tumbling:

☐ None  
☐ Cartwheel  
☐ Roundoff  
☐ Standing Back Handspring  
☐ Standing Back Tuck  
☐ Other: \_\_\_\_\_

Running Tumbling:

☐ None  
☐ Roundoff Back Handspring  
☐ Roundoff Back Handspring Tuck  
☐ Roundoff Back Tuck  
☐ Layout / Full / Other: \_\_\_\_\_

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### Final Note

Thank you for your interest in Franklin Cheer. Trying out for something new takes courage, and we are so proud of you for taking that step. No matter the outcome, know that your effort, attitude, and willingness to learn say more about your character than any score ever could.

We're looking for athletes who care deeply, work hard, and show up with heart — if that's you, then you're already on the right track. We can't wait to see you at tryouts and hopefully welcome you to the team.

Go Yellow Jackets!

Coach Ryann